

Short Breaks Update for Families with Disabled Children and Young People

Welcome to the May **Short Breaks Update**.

We hope you will find the information in this edition useful.

Please share it with your friends, families and colleagues.



This month we have Thomley's Open Day (p2) & camping weekend (p9) plus several holiday opportunities (p11-15). Your help is needed to start up a new disability football team in Witney (p16) and there's a variety of autism & Makaton signing training on offer (p20-24).

What's in this edition...

P1	Welcome	P12	Adventure Plus TA Holidays
P2	Thomley Spring Open Day	P13-15	Three VICTA trips for 18-29 years
P3	Saturdads	P16	Volunteers needed - Disability Football - Witney
P4	Banbury Stay & Play for under 5's	P17	Oxon Parent Carers Forum
P5	Disability Football - Banbury	P18	MyLiferaft
P6	Flexicare Community Walk	P19	Paul Isaacs at Thomley
P7	Kidz to Adultz South	P20-23	Autism training
P8	Barracks Lane Community Garden	P24	Makaton training
P9	Camping at Thomley	P25	Autism friendly cinema screenings
P10	Didcot/Vauxhall Barracks Play & Activity Day	P26	OCVA Training opportunities
P11	Mencap Holidays for 16yrs+		

Contact details:

Kay Willis, Disability Services Development Manager: 07920 252 095

Thomley Spring Open Day



A chance to try us out for **FREE**, activities include:

*Live music - All day hot food - Ice Creams - 'Random Mike' entertainer
Lionel the train - Soft play areas - Giant bubbles - Face painting
Tug of war - Inflatable assault course - Archery - Sensory rooms
Football - Trampolines - Park - Sumo suits and LOTS more to see!*



Saturday 4th May 2019
10am-3pm

Free entry and booking is not necessary, everyone welcome.
Join us at Thomley, Menmarsh Road, Worminghall, HP189JZ for
a fun-filled day of endless activities for children of all abilities.

A guaranteed good day for all the family!

Please note that our gates will not be locked on this day
like they normally are

Short Breaks Update for Families with Disabled Children and Young People



SOUTH ABINGDON 'SATURDADS'

**For Male Parents / Carers and their Children aged 4 to 11
(Reception to Year 6) - 10am until Midday**

Preston Road Community Centre, Midget Close, Off Preston Road, Abingdon, OX14 5NR



ALL SESSIONS WILL OFFER FREE ENTRANCE AND FREE ACTIVITIES

Session Dates = 4th & 18th May, 1st, 15th and 29th June, 13th & 27th July, 10th & 24th August, 7th and 21st September, 5th & 19th October, 2nd, 16th & 30th November, 14th December, 11th & 25th January 2020, 8th & 22nd February, 7th & 21st March, 4th & 18th April and 2nd May

Give your wife, fiancée, girlfriend or loved one a break and bring your little ones to our 'Saturdays' sessions.

Designed for Dads, Uncles, Grandads or any other Male carer aged 18 and above with Children aged 4 years old to 11 years old, we will be playing, having fun, learning and spending quality time together (please note that NO Childcare is provided)

For any Enquires Contact; Oxfordshire Play Association: Martin Gillett - 01865 779474 – martin.gillett@oxonplay.org.uk

Thank You to our generous supporters who have funded these sessions;





STAY & PLAY

Local 'Stay and Play' group for families of children under 5 with additional needs or are awaiting a diagnosis.

**First Thursday of the month
During term time only
9am-11am and 12noon-2pm
£2 per session**

**Let's Play Project, Twyford road, Twyford,
OX17 3JL
01295 810661**

**vanessa@letsplaybanbury.org
www.letsplaybanbury.org**

Short Breaks Update for Families with Disabled Children and Young People

Football opportunity...



BANBURY PHOENIX FC



North Oxfordshire's Leading Disability Football Club

Teams play in the BOBi League

Looking for players and coaches for existing teams and a New U16s Team

(Boys and Girls aged from 12 onwards)

For more information contact Roy Mold 07931 323120 Email: roymold@aol.com

Website: <https://www.pitchero.com/clubs/banburyphoenixfootballclub>

Click here for their website - [Banbury Phoenix Football Club](http://www.banburyphoenixfootballclub.co.uk)



Looking for ideas of activities or childcare?

There is a wide variety of providers listed on the Family Services Directory! Plus loads of information on activities & events happening in our County. It's also **free** to advertise events...just register and you can add them. Have a browse and search for events happening near you! Activity providers - you can register & add your info so others can find out about them too...

www.oxfordshire.gov.uk/familyinformation

Short Breaks Update for Families with Disabled Children and Young People



Flexicare Community Walk

Sunday 12th May 2019

Join us for 2 circular routes of 5 or 10 miles across the Ridgeway and a wheelchair/buggy friendly route around the village. Homemade refreshments will be provided on route.

Starting at Snells Hall | East Hendred | OX12 8LA

Raising money to support Flexicare; a small Oxfordshire Children's Charity who provide free specialised sitting services for families with a severely disabled child.

Sign up on www.flexicare.org

Charity Number: 1172635 flexicareoxford 

Blue badge parking is available at Snells Hall. Flexicare will provide lunch at the end and can cater for most diets, particularly if they have notice. Access is level except for the toilets but there are no changing places.

Short Breaks Update for Families with Disabled Children and Young People

Kidz to Adultz South

Thursday 16th May 2019
9.30am — 4.30pm
Farnborough International Exhibition & Conference Centre, Farnborough,
GU14 6TQ - Access Via Gate F



A FREE event for children & young adults up to 25 years with disabilities and additional needs, their families, carers and all the professionals who support them.



Register online for your FREE entry ticket - www.kidzexhibitions.co.uk





Kidz Exhibitions

Kidz to Adultz is a trademark registered to Disabled Living, Manchester. Established in 1897, Disabled Living, Charity registered with the Charity Commission for England and Wales. Registered Charity Number 224742

Register here - www.kidzexhibitions.co.uk

May 2019

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire

Page 7

Short Breaks Update for Families with Disabled Children and Young People



We are delighted to have been successful with National Lottery Funding via Awards for All for our fun filled summer activities this year at Barracks Lane Community Garden. We will be running the following events over the open season - EVERYONE WELCOME!

Planting the Seed - May 25th - 11.00am- 4:00pm

A family activity day, planting seeds to take home or to leave at the garden for summer flowers. Learning about seeds and Art activities. Hot drinks and cakes available.

Water Festival - June 8th - 11.00am- 4:00pm

A practical session for all the family. We will be looking at rainwater harvesting, installing eco watering devices and having waterplay fun! Hot drinks and cakes available.

Plants and People - July 6th - 11.00am- 4:00pm

An informative session for all the family where we are looking at the heritage and migration of plants and people. There will be storytelling and plant inspired artwork. Refreshments available.

**The Barracks Lane Community Garden is on Barracks Lane (off Cumberland Road),
Oxford, OX4 2AP**

To find out more, please go to our website - <http://www.barrackslanegarden.org.uk>
or email us - barrackslanegarden@yahoo.co.uk

We're also on Facebook - www.facebook.com/BarracksLaneCommunityGarden and
Instagram - www.instagram.com/barrackslanecommunity/



Camping at Thomley...

**Friday 24th May from 3:30pm
until Saturday 25th May at 3:30pm**

It is £10 per person, per night, to camp at Thomley. Arrive from 3:30pm on the Friday to pitch up. The cafe is open until 9pm and will re-open early on Saturday morning where you can purchase snacks, drinks, dinner and breakfast. There will also be activities throughout your stay such as marshmallows around the fire-pit, archery and giant bubbles. The Thomley camping experience is a lovely, safe setting to test out camping for the first time, or just enjoy staying with us for longer than usual!

No disposable BBQs / fires are allowed and no hot food is to be brought on site by visitors.



**Please book by calling:
01844 338380
Or by emailing us:
bookings@thomley.org.uk**



Thomley

Short Breaks Update for Families with Disabled Children and Young People

Saturday 22nd June 2019 11.00am–3.00pm

Didcot / Vauxhall Barracks Play & Activity Day

Edmonds Park, Didcot, Oxon. OX11 8QX

FREE Entrance and FREE Activities for Children and Young People of all ages and their Families



**Bright Sparks Science / Go Kart Party / Tricky Trails Biking
Drumming / Body Zorbing / Fire Play / Orinoco Scrapstore / Giant
Bubbles / Earth Trust / GLL – Better / 11 EOD / Balsam Family
Project / Smoothie Bike / DIY Face Painting and much more!!**

Celebrating Playday & Armed Forces Day

Bringing Armed Forces Families and Local

Communities Together Through Play

For further details please contact - Oxfordshire Play Association

Tel: 01865 779474 / www.oxonplay.org.uk / martin.gillett@oxonplay.org.uk

This is an Open Access event. Please note that NO Childcare is provided. There is NO Parking on site.

Food and Refreshments will need to be purchased, you are most welcome to bring a picnic.

This event is funded and supported by:



Short Breaks Update for Families with Disabled Children and Young People



Oxford Mencap - Summer holidays for 16 years+ and volunteering opportunity...

Every summer, Oxford Mencap run a holiday programme at Hill End in Oxford. All the holiday guests are from Oxfordshire and the holidays are about shared experiences, friendships and fun. This includes one to one care, residential accommodation and all activities. Each guest has their own volunteer working with them, helping with personal care as necessary and helping them to enjoy all the activities on offer. These activities include:- bowling, trips to theme parks, BBQ's, zoo, swimming, discos and much more. This year, they are also including a week in Wales.

The 2019 holidays are divided into five separate weeks:-

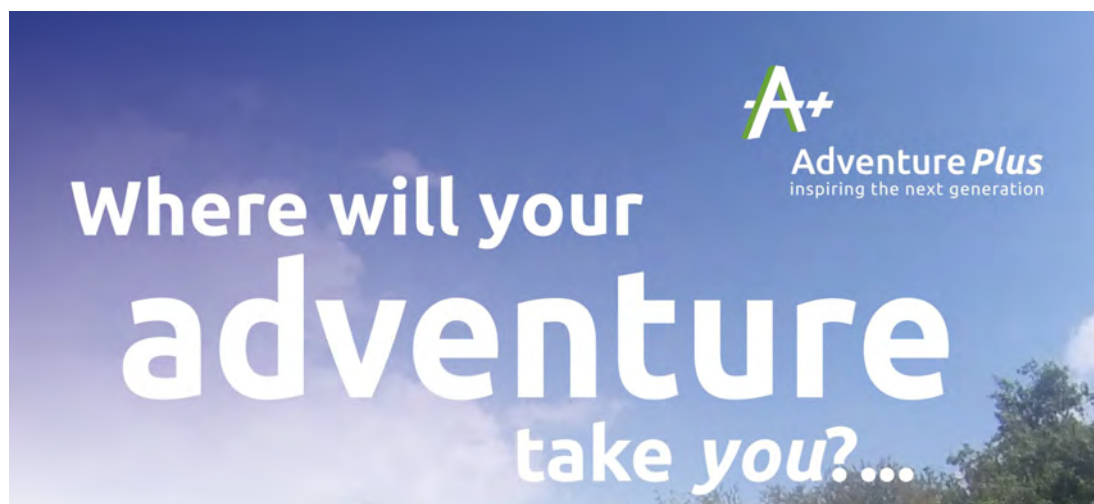
- Week 1 - Friday 19th to Saturday 26th July
- Week 2 - Top Camp - Saturday 26th July to Saturday 3rd August (a week for those who have more needs and who will have two to one support)
- Week 2 - Bottom Camp - Saturday 26th July to Saturday 3rd August
- Week 3 - Saturday 3rd to Saturday 10th August
- Wales - Friday 13th to Sunday 22nd September - this group go to a cottage in Wales

For more details, how to apply and costs involved, please contact Oxford Mencap direct to find out more - administrator@oxfordmencap.org.uk

Oxford Mencap are also looking for volunteers to enable them to run these holidays. Please contact them direct for further details and to request an application pack.



Short Breaks Update for Families with Disabled Children and Young People



TA holidays 2019 – Bookings Open

2019 is well and truly underway! We hope that it has been a good start all round to this new year. Our wonderful team has been busy with planning and praying for our Total Adventure holidays 2019!

Our theme this year is “You’ve got a friend in Him”, based on the verse “...*there is a friend who sticks closer than a brother*” Prov 18:24b. We can’t wait to welcome many children to our TA holidays this year and share this good news with them.

Total Adventure holidays are open to any young person aged 8-15. Each week is packed full of opportunities. Try your hand at archery, fencing, climbing, canoeing, bushcraft, hang out with old and new friends, play sport, read, talk or make something to remember the week by in arts and crafts sessions.

[TA Peak \(12-15s\)](#) 29th July-2nd August

[TA Beacon \(8-12s\)](#) - 12th-16th August

[Book online](#) and give your children opportunities to make memories and friends that last a lifetime and be encouraged as they live the adventure of faith.

[Scampers](#) (Senior Campers, ages 16-17) are also welcome on Total Adventure holidays. You will experience all the fun of a Total Adventure holiday with the added responsibility of helping the leaders.

Short Breaks Update for Families with Disabled Children and Young People



New opportunity to explore Slovenia for 18-29 year olds with visual impairment



Who: 18 to 29 years

When: 2 to 8 June 2019

Location: Slovenia

Cost: £400

We have had a couple of spaces become available on our trip to Slovenia for young adults aged 18 to 29 years. This is a fantastic opportunity to join us and Seable Holidays to discover this hidden gem of a country!

The trip departs from London Stansted airport, meeting at 11am on Sunday 2 June 2019 and flying to Ljubljana, where we will check into our city hotel. We will explore the city including its historical castle and visit a traditional chocolate shop. Our group will discover the hidden side of the city and incorporate a visit to a local school for the blind.

Next up we'll transfer to the charming ski chalet style Hotel Jelka in the stunning Slovenian mountains. Scenic walks, a cable car up to the top of Mount Vogel and an exciting zip wire activity are all on the itinerary. The following day takes us to the stunning lakes for some canoeing and weather permitting, a swim in Lake Bled! Our visit will wind down with a spot of yoga and meditation.

If you would like to explore Slovenia with VICTA and other young adults your own age, please apply via the link below. Please note, if you would like to apply for this trip, you will need to have previously attended a VICTA UK based activity.

To find out more and to apply, please click on this link - [VICTA Slovenia 2019](#)

Short Breaks Update for Families with Disabled Children and Young People



Peak District National Park opportunity for 18-29 year olds with visual impairment



Who: 18 to 29 years

When: 9 to 14 August 2019

Location: Peak District, England (staying at YHA Alstonefield)

Cost: £90

Closing date: Friday 17 May 2019

Join VICTA as we team up with the Peak District National Park this summer. As well as enjoying plenty of time outdoors in the English summer sunshine, you will actively contribute to the diverse range of environmental and conservation projects that maintain the upkeep of one of the UK's most popular and important destinations, earning your John Muir Discovery Award in the process.

You will also spend a day out at an outdoor adventure centre taking part in fun activities like climbing, rambling, canoeing and kayaking around the Peak District!

Make a positive environmental impact to a UK National Park, try new activities with new friends and earn an award all at the same time.

All participants are expected to make their own travel arrangements to and from the meeting points at the start and end of the trip.

To find out more and to apply, please click on this link - [VICTA Peak District](#).

Short Breaks Update for Families with Disabled Children and Young People



Cultural trip to Lanzarote for 18-29 year olds with visual impairment



Who: 18 to 29 years

When: 7 to 13 October 2019

Location: Flying from London Gatwick to Lanzarote

Cost: £400

Contribution break down: Deposit £100 due 8 July 2019; £150 due 5 August 2019; £150 due 2 September 2019

Application closing date: Friday 31 May 2019

We are excited to announce applications are now open for our 18+ trip to Lanzarote. Join the VICTA team and specialist travel company Seable for an international cultural adventure to this incredible volcanic Island. Discover the stark and breath-taking landscape, from green palm-filled valleys to surreal lava fields and explosive black lava caves.

Our adventure will start with a visit to the famous “Los Hervideros” lava caves and natural salt caves. This coastal area sees waves force water into the labyrinth caves with such a dramatic power it appears as if the sea is bubbling and boiling. After becoming immersed in the magnificent power of nature, we will settle down in Porto del Carmen for an authentic Spanish paella and a chance to explore the Island on a tandem bicycle. The next adventure will take the group to Timanfaya for a hike in between the craters of the spectacular volcanic landscape. Timanfaya National Park covers an impressive quarter of the island. After a busy excursion day, the last couple of days will involve a more relaxed approach, exploring the El Cuervo area by horse, eating lunch locally, and sampling some of the famous grapes that grow in the lava soil. Our final exploration will finish with a morning of kayaking and snorkelling and a last free afternoon at the beach.

To find out more and to apply, please click on this link - [VICTA Lanzarote 2019](#)

Short Breaks Update for Families with Disabled Children and Young People



**** VOLUNTEERS NEEDED ****



Tower Hill FC in Witney are looking for volunteers to coach a new youth disability team. In order to start this next season, they desperately need more helpers. They cannot do this without you!!

**** No experience is required as all necessary training and qualifications can be provided. ****

If you're interested or want to find out more, please contact:-

Harry Ash on harry.ash@oxfordshirefa.com or 07534 912206



Short Breaks Update for Families with Disabled Children and Young People

Join us

Membership is free and does not commit you to anything.



To find out more and or to register an interest in joining the forum:

Tel: 07394 735666

Email: info@oxpcf.org.uk

Web: www.oxpcf.org.uk

Facebook: <https://www.facebook.com/oxpcf/>

Twitter: @OxPCForum

Instagram: [ox_parentcarers_forum](https://www.instagram.com/ox_parentcarers_forum)

Address: c/o OXFSN Slade House,
Horspath Driftway, HEADINGTON,
Oxford OX3 7JH



*The voice of Parent Carers
in Oxfordshire*

Oxfordshire Parent Carers Forum

Opportunity to get involved, be informed and have your say!

Who are we?

We are a group of parents just like you. Our children have a wide range of needs, from mild to severe, including physical disabilities. Some have 'hidden' impairments, like mental health issues, ADHD or dyslexia, while others have behavioural problems, or no firm diagnosis.



What do we do?

As members of the National Network of Parent Carer Forum's we support the development of parent carer participation, a process in which parents work together with professionals to make improvements to local services.

We believe that 'Every Child Matters' and that all disabled children and young people in Oxfordshire, should have access to the same opportunities, experiences and information, as any other child.

Our Vision is to be a well informed, connected and empowered community of families of children with disabilities or additional needs.

We will offer support to each other and working in partnership with health, education and social care we will create quality services that meet the needs of all parent carers and their children/young people.

We will build links with as many informal and formal groups both those of parents and professionals and use those links to promote communication between professionals and parent bodies.

We aim to provide reasoned feedback and support to professionals and ensure young people and their families are listened to.

How to get involved?

By joining us you can:

- Receive information about opportunities for you to help shape local and national services
- Opportunities to meet like minded families,
- Contact us at any time for information; sign posting; support groups or to tell us 'What is going well?' or 'What would be better if?'

Are you a Parent, Grand Parent or Carer?

Do you have parental responsibility for a child or young person with additional needs or a disability, who is aged between birth and 25 years old and lives in Oxfordshire?

Are you a friend of Parent Carers?

Are you a practitioner; provide services; provide resources; run a support group; provide parent courses; run articles?



Would you like to:

- Receive information relevant to changes
- Let us know about your service or resource so we can signpost families,
- Provide information to our families
- Share dates of workshops, courses or events
- Receive our press releases
- Let families know about us

Short Breaks Update for Families with Disabled Children and Young People



MyLiferaft helps you stay on top of all the information that comes with caring for someone – and share it with the people who need it. Through a tablet, laptop or phone, you can keep your care network up-to-date.

Keep and update all the details about health, care and well-being. Manage careplans with Goals, Actions and Reviews.

Share your MyLiferaft with the people who support you, either online or with printed reports. Forms, such as the DLA Application, can be automatically pre-populated with up-to-date information.

It is **your** information, **you** control it, **you** decide what people see and when.

Search online for **MyLiferaft** and watch **Sofia's story**



www.MyLiferaft.com

**** SPECIAL OFFER ****

One year's free Premium MyLiferaft account (normally £120) - please use the code - **OXFORD365**

Short Breaks Update for Families with Disabled Children and Young People



Thomley
A place for people of all
abilities and disabilities

Paul Isaacs

Autism Expert & Thomley Patron



Friday 26th April
“Life with Autism”
(For introductory parents, siblings,
friends, teachers)

Friday 21st June
**“Understanding the
mechanics of Autism”**
(Helping parents and children
understand Autism)

Join us for an informal conference with Paul Isaacs in the Thomley Pavilion, arrive any time from 5:45pm for a 6:15pm start, it is £5 per person to attend the talk.

The soft play areas will be open for those wishing to bring their children, just £3 per child to come too!
Hot dogs, cake and drinks are all available from the cafe to buy on the night.

Please share this with your contacts who may benefit from hearing Paul's fantastic talk.

Booking is essential, email us on:
bookings@thomley.org.uk
Or, call: 01844 338380

Short Breaks Update for Families with Disabled Children and Young People



Living with Autism

"I have learnt more in 3 hours than I have in 20 years of training"

Sophie, Psychotherapist

A half day seminar, choice of 2 venues & 4 dates

**Quaker Meeting House, 43 St Giles, Oxford OX1 3LW &
Methodist Church, Buckingham Street, Aylesbury HP20 2NQ**

***This course is for family members of people of any age on the Autism Spectrum.
Refreshments provided; please bring own lunch or buy locally.***

May	Friday 3rd	10am – 2pm	Aylesbury Methodist Church
May	Wednesday 8th	10am – 2pm	Oxford Quaker House
May	Friday 17th	10am – 2pm	Aylesbury Methodist Church
June	Friday 7th	10am – 2pm	Oxford Quaker House

£50 + vat = £60 pp

***Limited number of concessionary rates available to people on very low income
or benefits:- £40 + VAT (£48pp)***

BOOK NOW - www.autismoxford.org.uk/seminars

Autism Oxford UK Ltd. Registered No:09271647

Web: www.autismoxford.org.uk

Email: info@autismoxford.org.uk

Short Breaks Update for Families with Disabled Children and Young People



Understanding & Working with Autism

A half day training session offered on 2 separate dates:-

10.45 for 11 am - 3pm on Monday 13th May 2019

10.45 for 11am - 3pm on Tuesday 4th June 2019

Venue - Abell House, The Slade, Horspath Driftway, Oxford OX3 7JH

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**\*\* This course is FREE to attend for staff working in Oxfordshire \*\***

### **Prior booking is necessary**

This training is very popular and usually over subscribed. Last time we advertised there were 500 applications for 250 places. If you book a place, please let us know if you cannot attend so that we can offer your place to someone on the waiting list. Depending on circumstances, a £50 + VAT charge may be incurred by those failing to attend without letting us know in advance.

***Refreshments provided; please bring your own lunch***

### ***After attending this course you will:***

- have an understanding of the Autism Spectrum and its key features
- have awareness of what Autism looks like and appreciation of how it feels on the inside
- have insights into everyday issues that can affect people with Autism, such as sensory issues, anxiety, fear, low self-esteem
- be able to identify and use some autism-friendly strategies and 'reasonable adjustments'
- understand the importance of Autism-friendly 'reasonable adjustments'
- be aware of autism services & organisations in Oxfordshire & the Alert Card Scheme

**Funded by the Oxfordshire Clinical Commissioning Group**

**Limited Spaces Available**

**BOOKING IS ESSENTIAL!**

To book, please email Autism Oxford on - [researchupdate@autismoxford.org.uk](mailto:researchupdate@autismoxford.org.uk)

Please give your NAME, EMAIL, JOB TITLE, ORGANISATION and  
CHOICE OF DATE

# Short Breaks Update for Families with Disabled Children and Young People



## Working with Autism

*“Seriously, one of the best CPD I’ve had in years!”*

Dr Matthew Stephenson, Consultant Psychiatrist, Oxford Health NHS FT

*A half day course offered on 3 dates - 10.00am – 2.00pm*

Friday 14<sup>th</sup> June 2019

Friday 5<sup>th</sup> July 2019

Friday 19<sup>th</sup> July 2019

**Methodist Church, Buckingham Street, Aylesbury HP20 2NQ**

**Introductory Offer: £60 + VAT**

*Refreshments provided, please bring own lunch or buy locally*

**Limited Spaces Available**

**Book on Mobile, Tablet or Desktop!**

**BOOK NOW - [www.autismoxford.org.uk/training](http://www.autismoxford.org.uk/training)**

*This is a hugely popular course for anyone working with autistic people of any age, whether children, young people or adults. It has been presented to Oxfordshire professionals since 2011 and is always heavily oversubscribed. We are not funded to offer the course free of charge outside of Oxfordshire, but we have received numerous enquiries and are therefore aware that many other professionals would like to attend. So we are offering the same course on a pay to attend basis in Aylesbury. We look forward to meeting many new colleagues at the courses in June and July have no doubt that you will find them enjoyable and useful, as over 5,000 previous attendees have.*

**Autism Oxford UK Ltd. Registered No:09271647**

**Web: [www.autismoxford.org.uk](http://www.autismoxford.org.uk)**

**Email: [info@autismoxford.org.uk](mailto:info@autismoxford.org.uk)**

# Short Breaks Update for Families with Disabled Children and Young People



## Making Sense of Sensory Needs

*Wednesday 19th June - 9.30am for 10.00am start – 3.30pm*

**Methodist Church, Buckingham Street, Aylesbury HP20 2NQ**

## Professor Olga Bogdashina

PhD (Linguistics); MSc (Psychology); MA (Teaching Methods); MA Ed (Autism) et al.

***World renowned author of 12 books including:-***

***‘Sensory perceptual Issues in Autism and Asperger Syndrome’***

***‘Communication Issues in Autism and Asperger Syndrome’***

With

**Autism Oxford UK's Highly Acclaimed  
Autistic Training Team**

***Booking rates, including refreshments:-***

**Professionals: £75 + VAT**

**People with ASC & Family Members: £50 + VAT**

**Concession rate: £30 + VAT**

***Refreshments provided, please bring own lunch or buy locally***

**For fast, easy, secure booking: <http://www.autismoxford.org.uk>**

***“To help autistic individuals we should work with autism, not against it”***



# Short Breaks Update for Families with Disabled Children and Young People



## **Makaton Training Workshops** with **Hands Aloud** in Abingdon, Oxfordshire

| Date                                              | Duration       | Type of Workshop                                                                                                                                                                                                                                                                | Cost per person |
|---------------------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|
| Tuesdays 7th & 14th May<br>Full Day               | 2 day workshop | Foundation Workshop (Levels 1 & 2)<br>Stages 1,2,3 & 4 of Core Vocabulary                                                                                                                                                                                                       | £155            |
| Saturday 11th May (Morning)<br>9:30am - 11:30am   | 2 hours        | <b>Taster Workshop</b><br>45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home                                                                                                                | £20             |
| Tuesday 28th May (Half Term)<br>9:30am - 11:30am  | 2 hours        | <b>Taster Workshop</b><br>45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home                                                                                                                | £20             |
| Tuesday 4th June (Evening)<br>7:00pm - 9:00pm     | 2 hours        | <b>Taster Workshop</b><br>45+ signs and symbols will be taught from the Core Vocabulary, with focus on learning vocabulary related to Early Years, play and home                                                                                                                | £20             |
| Tuesday 11th June (Afternoon)<br>12:30pm - 3:30pm | 3 hours        | <b>Using Makaton with Singing</b><br>You will learn up to 100 signs and have fun practising them in songs adapted for different levels of ability. For Early Years practitioners, parents, teachers, classroom assistants, and community musicians working with young children. | £30             |
| Tuesday 2nd July<br>Full Day                      | 1 Day workshop | <b>Level 1 Makaton</b><br>Stages 1 & 2 of Core Vocabulary                                                                                                                                                                                                                       | £80             |

### **What is Makaton?**

**Makaton** is a language programme using signs and symbols to help people communicate. It is designed to support spoken language rather than replace it. For details on these and other Makaton training workshops available please contact Libby on

**07546 191811 / [LibbyMakatonTutor@gmail.com](mailto:LibbyMakatonTutor@gmail.com)**

**[www.facebook.com/HandsAloudMakaton](https://www.facebook.com/HandsAloudMakaton)**

# Short Breaks Update for Families with Disabled Children and Young People



## Autism friendly cinema screenings for this month

On Sunday mornings throughout the month, films suitable for all audiences are screened in a sensory friendly and inclusive environment with adjustments.

These autism friendly adjustments aim to reduce over-stimulation and create a welcoming environment. They are designed to make the cinema more inclusive and accessible for people with sensory sensitivities, and others who can benefit from this environment.

- \* **Cineworld** are showing Wonder Park on Sunday 5th May at 11.00am in Didcot, Witney, High Wycombe & Milton Keynes.
- \* **Showcase** are showing The Goonies (12A) on Sunday 12th May at 10.00am in Reading.
- \* **Picturehouse** cinemas are showing How to Train Your Dragon: The Hidden World (PG) on Sunday 19th May at 11.00am at The Phoenix in Oxford & The Regal in Henley-on-Thames.
- \* **Odeon** are showing Pokemon Detective Pikachu on Sunday 26th May at 10.15am at Oxford, Aylesbury & Milton Keynes Stadium.
- \* **Vue** have not yet specified the film this month but it's always on the last Sunday of the month at 10.15am in Bicester, Oxford, Newbury & Reading.

The Dimensions website has details of these screenings. Please go to their website:- <https://www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/> should you wish to find out more.

**Have you got a CEA card yet?** This card enables a disabled cinema go-er (aged 8 yrs +) to receive a complimentary ticket for someone to go with them to participating cinemas. Please go to their website for more info:- <https://www.ceacard.co.uk/>



Visit [www.oxfordshire.gov.uk/shortbreaks](http://www.oxfordshire.gov.uk/shortbreaks) to keep up to date with short breaks and respite care services for disabled children in Oxfordshire



# Short Breaks Update for Families with Disabled Children and Young People

## Training opportunities



### **Fundamentals of GDPR: new to GDPR or need a refresher?**

The General Data Protection Regulation (GDPR) came into effect on the 25th of May 2018 and is the most significant change to data protection law in almost 20 years. The GDPR strengthens a number of existing principles and introduces more rights for individuals in the use of their personal data. GDPR should not be viewed as a tick-box exercise, that once 'compliant' it can be forgotten about. Charities need to view the regulation as one that requires on going monitoring and adherence. This half day training session will introduce GDPR to delegates, describe the differences between the Data Protection Act 1998 and provide practical steps that need to be taken in order to start and continue implementing GDPR.

Wednesday 8th May 2019 £60 – £90

### **Improve Your Online Digital Marketing Skills**

Today there are a wide range of tools available to help Charities with their marketing communications. However choosing the right tool – or combination of tools – to meet your goals such as fundraising, attracting volunteers, and supporting your core activities can be a challenge. This course is firstly designed to give you an overview of the key digital tools including Mailchimp, LinkedIn, Facebook, Twitter, E newsletters and explain how they could be used to meet your goals. Secondly it is designed to help you get the best from these tools, via practical, hands-on experience. *This course has been extended from 3 to 4 hours following feedback from the previous course to allow more time for practical experience during the session. A laptop, tablet or mobile phone is useful to bring to the session to allow you to try out the tools.*

Tuesday 14th May 2019 ( 4 hours ) £60 – £90

### **Health and Safety Level 2**

The QA Level 2 Award in Health and Safety in the Workplace (QCF) is ideal for all employees, as it helps candidates develop a greater understanding of Health and Safety issues and the role that everyone plays in maintaining a safe working environment. Candidates undertake 3 practical assessments during the course plus a multiple choice exam at the end of the course. On successful completion of the course, candidates will achieve a Level 2 Award in Health and Safety in the Workplace from Qalsafe. The qualification is valid for 3 years but annual refreshers are considered best practice.

Wednesday 15th May 2019 ( 6 hours ) £95 – £125

Venue:- OCVA offices, The Old Court House, Floyds Row, St Aldates, Oxford, OX1 1SS.

More information and bookings taken on the OCVA website - <https://ocva.org.uk/all-courses/>

If you have any questions about courses or can't find what you're looking for, please email:-

training@ocva.org.uk or call 01865 251946.