



Good Health and Annual Health Checks Webinar

21st July 2020

Resources and things that local areas are doing

During the webinar, lots of you shared information in the chat box about what you are doing in your local area as well as your suggestions of useful resources. We have collated these for you.

Accessible info for people to explain health checks

- www.getcheckedoutleeds.nhs.uk has a raft of documents to support Annual Health Checks including template letters. Free to use/download and can be personalised for practices.
- <https://www.easyhealth.org.uk/> this is a helpful website for easy read documents and templates has easy read leaflets of a lot of health conditions but also health check resources <https://www.easyhealth.org.uk/index.php/health-leaflets-and-videos/health-checks/>
- Mencap also have the Don't Miss Out guides and information for individuals and carers about Annual Health Checks <https://www.mencap.org.uk/advice-and-support/health/dont-miss-out#:~:text=About%20Don't%20Miss%20Out&text=Anyone%20of%20any%20age%20and,person%20starts%20using%20adult%20services.>
- Vicky: Bradford Talking Media have produced an easy read leaflet telling people what Annual health checks are about as well as more recently how these might be different due to COVID19 - these are on their website and available for anyone to download - <https://www.btm.org.uk>

Other resources

- Royal College of GPs has a comprehensive guide that walks GPs through the process and requirements of an Annual Health Check.

<https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/-/media/70BEBFAD2E5B450F9E94D2F9C6E604B7.ashx>

<https://www.rcgp.org.uk/clinical-and-research/resources/toolkits/health-check-toolkit.aspx>

- Someone suggested that National Early Warning Score (NEWS2) training is really beneficial - it is a tool that improves the detection and response to clinical deterioration in adult patients - <https://www.england.nhs.uk/ourwork/clinical-policy/sepsis/nationalearlywarningscore/>
- Jane Viner shared Sussex CCG's Annual Health Checks during Covid resources: <https://www.brightonandhoveccg.nhs.uk/your-care/learning-disability-annual-health-checks/>

Things happening in local areas

- Greg Harris: we have the West of England Learning Disabilities Collaborative in our region, where we are collaborating with NHS England: <https://www.weahsn.net/our-work/improving-patient-safety/the-deteriorating-patient/the-west-of-england-learning-disabilities-collaborative/>
- Teresa Smith: Sandwell Council are carrying out a review with Changing Our Lives to carry out a self assessment with Providers/ Families to run alongside the “Public Health England Learning Disabilities Observatory” health charter - https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/656700/Health_charter_2017_guidance.pdf
- We have done a similar project covering Calderdale, Kirklees, Wakefield and Barnsley and the report can be found here <https://>

inclusionnorth.org/our_work/the-living-well-project-in-calderdale-kirklees-wakefield-and-barnsley/

- Ian Ross: Here in South East London we are hosting a Learning Disability 'Virtual' Big Health Week in October, following the success of our learning disabilities Big Health Day last year, one of the areas that we are focusing on is around increasing the uptake of annual health checks amongst our community of people with learning disabilities. If people are interested in potentially being involved with this event please contact me - ian.ross5@nhs.net
- From Greg Harris; We have the West of England Learning Disabilities Collaborative in our region, where we are collaborating with NHS England: <https://www.weahsn.net/our-work/improving-patient-safety/the-deteriorating-patient/the-west-of-england-learning-disabilities-collaborative/> We have a distribution list where we share information that focuses on Annual Health Checks, Flu Vaccinations, and the use of NEWS2
- Simon Goldsmith: Lewisham Speaking Up are working with youth services and schools, colleges and families to explain what Annual Health Checks are and why they are important - <http://www.lsup.org.uk/>
- Vicky: we included social prescribers at a recent health event - this was really useful when thinking about work post annual health check