

Short Breaks Update for Families with Disabled Children and Young People

Welcome to the June **Short Breaks Update**.

We hope you will find the information in this edition useful.

Please share it with your friends, families and colleagues.



Don't miss the ROARsomes (p3), Father's Day at Thomley (p4); more Play & Activity Days (p5&7); Yellow Submarine's life-changing social enterprise (p16-17) and there are more Makaton & signing training opportunities (p20-22)...



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Contact details:

Kay Willis, Disability Services Development Manager: 07920 252 095

Short Breaks Update for Families with Disabled Children and Young People



OXFORDSHIRE COUNTY MUSIC SERVICE

Buddy Ensemble

at the Centre for Music, Oxford

Singing, band and orchestra, for children 10-18 years old with special educational needs/disabilities & their secondary school aged buddies


COME ALONG!

18.05.19
2 PM - 4 PM

06.07.19
2 PM - 4 PM

Apply today:
Music.service@oxfordshire.gov.uk
01865 816990

 OxMusicService  OxMusicService  OxMusicService

 OMEP Oxfordshire Music Education Partnership

Supported using public funding by

 Department for Education  ARTS COUNCIL ENGLAND  OXFORDSHIRE COUNTY COUNCIL

There will be other dates - 6 per year. Please contact the Music Service to find out more:-

music.service@oxfordshire.gov.uk

Short Breaks Update for Families with Disabled Children and Young People



Are you ROARsome?

The ROARsomes are a group of young people who meet weekly to develop inclusive and exciting arts projects, gain leadership skills and have fun!

We are creating incredible work for Cowley Road Carnival, our very own ROAR Festival in August, and Oxford Christmas Light Festival in November. We want you to join us! It's fun and free!

ROARsomes is a safe and inclusive space for all young people living with a disability or SEN/additional needs.

We meet on Tuesdays, 4:30-6:30pm at:
The Ark T Centre, Crowell Road, Cowley, OX4 3LN
If you would like to attend or want more information, please email: lauren@ark-t.org



Supported by
**ARTS COUNCIL
ENGLAND**



Ark-T Centre
Creativity Changes Lives

Father's Day at Thomley...

**Sunday
16th June
12pm or 2pm**



Come and join us between 11am and 3pm for a Father's Day meal, where we will be doing a BBQ including home-made burgers, hot dogs, sticky ribs, kebabs and salads.

Father's Day is another day that some of our families struggle to celebrate. So take advantage of our accessible, familiar venue and celebrate it with us! Many of you may know Nikki (who works in the kitchen), she is a chef and will grill up a great burger!

Join us on Sunday 16th June and book in for the 12pm or 2pm BBQ where we will serve the adults meal for £12. Children (up to 15) will also get a free meal after paying their entry donation of £6, £8 or £10 (children can have a hot dog and a burger plus unlimited salad).

We will also be having a game of Dads V Staff and kids football match for those wanting to join in! Please note, disabled families are still welcome to join us even if Dad may not be able to make it.

**Please book by calling:
01844 338380
Or by emailing us:
bookings@thomley.org.uk**



Thomley

Short Breaks Update for Families with Disabled Children and Young People

Saturday 22nd June 2019 11.00am–3.00pm

Didcot / Vauxhall Barracks Play & Activity Day

Edmonds Park, Didcot, Oxon. OX11 8QX

FREE Entrance and FREE Activities for Children and Young People of all ages and their Families



**Bright Sparks Science / Go Kart Party / Tricky Trails Biking
Drumming / Body Zorbing / Fire Play / Orinoco Scrapstore / Giant
Bubbles / Earth Trust / GLL – Better / 11 EOD / Balsam Family
Project / Smoothie Bike / DIY Face Painting and much more!!**

Celebrating Playday & Armed Forces Day

Bringing Armed Forces Families and Local

Communities Together Through Play

For further details please contact - Oxfordshire Play Association

Tel: 01865 779474 / www.oxonplay.org.uk / martin.gillett@oxonplay.org.uk

This is an Open Access event. Please note that NO Childcare is provided. There is NO Parking on site.

Food and Refreshments will need to be purchased, you are most welcome to bring a picnic.

This event is funded and supported by:



Short Breaks Update for Families with Disabled Children and Young People

Chipping Norton Parent Pals



Chipping Norton Parent Pals is a local support group for parents and carers of children that suffer from mental health, ASD, anxiety or depression.

We meet on the last Tuesday of every month in the Town Hall in Chipping Norton from 7-9pm.

Everyone is welcome.

Our next session will be on Tuesday 25th June

Come along for a coffee and a chat

Our speaker for the June session will be Clare Bay, a Psychotherapeutic Counsellor and Youth Worker, who will be talking about brain development and giving some top tips for parents and carers of teens and pre-teens.

It will be a chance to come and learn a little about the neuroscience of a teenager. Why their behaviour can seem impulsive and illogical, why they want to sleep all day and stay up all night! Learn how to look after and support yourself while parenting teenagers!



CLARE BAY THERAPY

If you would like any more information about our group, please contact:

CNparentpals@btinternet.com

Thank you to Sainsburys for providing refreshments, CNTC for allowing us to use the hall and to all the volunteers that make this possible

Short Breaks Update for Families with Disabled Children and Young People



OXFORDSHIRE PLAY ASSOCIATION

THE LEYS FUN DAY!

SATURDAY 29TH JUNE 2019 — 11AM UNTIL 3PM

BLACKBIRD LEYS PARK, CUDDESDON WAY. OX4 6EU

FREE ENTRANCE AND FREE ACTIVITIES!!

**(QUIET HOUR FROM 10AM—11AM FOR CHILDREN WITH
ADDITIONAL NEEDS)**



Orinoco Scrapstore, Drumming, Go Kart Party, Body Zorbing, Earth Trust, DIY Face Painting, Smoothie Bike, Tricky Trails Biking, Bright Sparks Science, Fire Play, Muzo Academy, Home-Start Oxford, Local Community Groups and much more...

BUILDING COMMUNITIES THROUGH PLAY



Please note that NO Childcare is provided - Food will need to be purchased or please do bring a picnic—There is NO parking on site—This event will be photographed and / or filmed.

**Contact—www.oxonplay.org.uk / 01865 779474 /
martin.gillett@oxonplay.org.uk**



OXFORDSHIRE PLAY ASSOCIATION

Short Breaks Update for Families with Disabled Children and Young People



**OXFORDSHIRE PLAY ASSOCIATION AND WHEATLEY
PARISH COUNCIL PROUDLY PRESENT...**

WHEATLEY & HOLTON PLAY & ACTIVITY DAY



SATURDAY 6TH JULY 2019 – 11AM TO 3PM

(WITH A QUIET HOUR FROM 10AM TO 11AM FOR CHILDREN WITH ADDITIONAL NEEDS)

**FREE ENTRANCE AND FREE ACTIVITIES – FUN FOR
ALL THE FAMILY AND FOR ALL AGES**

Go Kart Party * Tricky Trails Biking * Body Zorbing * Archery Tag * Drumming
Workshop * Rodeo Bull * Fuze * Bring the Game Over * Orinoco Scrapstore * Bright
Sparks Science * Fire Play * DIY Face Painting * Giant Bubbles * Muzo Academy *
Earth Trust * Salt Box Music * Smoothie Bike * Maple Tree Centre * Local Sports
Tasters * Local Community Groups and much, much more!

**WHEATLEY AND HOLTON PLAYING FIELDS, OPPOSITE
WHEATLEY PARK SCHOOL, HOLTON, OX33 1QG**

Please be advised that NO childcare is provided at the event and this event will be
photographed. There is Disabled Parking ONLY on site but limited parking is
available at Wheatley Park School. Food will need to be purchased or do feel free to
bring a picnic – Contact - 01865 779474 / martin.gillett@oxonplay.org.uk /
www.oxonplay.org.uk



Elizabeth Jane Foundation
Selwani Ltd
Holton Parish Council
Wheatley Parish Council



Grant & Stone

Short Breaks Update for Families with Disabled Children and Young People

CELEBRATING ITS 5TH BIRTHDAY!!!



OXFORDSHIRE PLAY ASSOCIATION www.oxonplay.org.uk / 01865 779474

FREE ENTRANCE
AND FREE
ACTIVITIES!

SOUTH ABINGDON PLAY AND **ACTIVITY DAY 2019**

SOUTHERN TOWN PARK, LAMBRICK WAY, OFF
PRESTON ROAD, ABINGDON. OX14 5TJ

SATURDAY 13TH JULY
11AM UNTIL 3PM



Bright Sparks Science * Go Kart Party * Drumming * Body Zorbing * Orinoco Scrapstore * Tricky Trails Biking * Giant Bubbles * Earth Trust * Smoothie Bike * DIY Face Painting * GLL—Better * Churches Together In Abingdon * Salt Box Music * Sarah's Adventures in Science * Fire Play and much more!!

BRINGING COMMUNITIES TOGETHER THROUGH PLAY

For further details please contact - Oxfordshire Play Association
Tel: 01865 779474 / www.oxonplay.org.uk / martin.gillett@oxonplay.org.uk

This is an Open Access event. Please note that NO Childcare is provided. There is NO Parking on site.

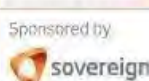
Food and Refreshments will need to be purchased, you are most welcome to bring a picnic.



**OXFORDSHIRE
COUNTY COUNCIL**



Elizabeth Jane Foundation



Short Breaks Update for Families with Disabled Children and Young People

ROSE HILL PLAY AND ACTIVITY DAY



BUILDING COMMUNITIES THROUGH PLAY

**FREE ENTRANCE AND FREE
ACTIVITIES**

SATURDAY 20TH JULY 2019—11AM UNTIL 3PM
**(QUIET HOUR FROM 10AM UNTIL 11AM FOR CHILDREN
WITH ADDITIONAL NEEDS)**

**ROSE HILL RECREATION GROUND,
ROSE HILL COMMUNITY CENTRE, OX4 4HF**



Orinoco Scrapstore, Drumming, Earth Trust, Tricky Trails Biking, Muzo Academy,
Body Zorbing, Fire Play, Go Kart Party, Museum of Natural History, Giant Bubbles,
DIY Face Painting, Smoothie Bike, Bright Sparks Science and Lots Lots More...

Please note that **NO** Childcare is provided / There is **NO** parking on site / Food will need to
be purchased or please do bring a picnic / This event will be photographed and / or filmed
01865 779474 / www.oxonplay.org.uk / martin.gillett@oxonplay.org.uk





STAY & PLAY

Local 'Stay and Play' group for families of children under 5 with additional needs or are awaiting a diagnosis.

**First Thursday of the month
During term time only
9am-11am and 12noon-2pm
£2 per session**

**Let's Play Project, Twyford road, Twyford,
OX17 3JL
01295 810661**

**vanessa@letsplaybanbury.org
www.letsplaybanbury.org**

Short Breaks Update for Families with Disabled Children and Young People



SOUTH ABINGDON 'SATURDADS'

**For Male Parents / Carers and their Children aged 4 to 11
(Reception to Year 6) - 10am until Midday**

Preston Road Community Centre, Midget Close, Off Preston Road, Abingdon, OX14 5NR



ALL SESSIONS WILL OFFER FREE ENTRANCE AND FREE ACTIVITIES

Session Dates = 4th & 18th May, 1st, 15th and 29th June, 13th & 27th July, 10th & 24th August, 7th and 21st September, 5th & 19th October, 2nd, 16th & 30th November, 14th December, 11th & 25th January 2020, 8th & 22nd February, 7th & 21st March, 4th & 18th April and 2nd May

Give your wife, fiancée, girlfriend or loved one a break and bring your little ones to our 'Saturdays' sessions.

Designed for Dads, Uncles, Grandads or any other Male carer aged 18 and above with Children aged 4 years old to 11 years old, we will be playing, having fun, learning and spending quality time together (please note that NO Childcare is provided)

For any Enquires Contact; Oxfordshire Play Association: Martin Gillett - 01865 779474 – martin.gillett@oxonplay.org.uk

Thank You to our generous supporters who have funded these sessions;



Short Breaks Update for Families with Disabled Children and Young People



We are delighted to have been successful with National Lottery Funding via Awards for All for our fun filled summer activities this year at Barracks Lane Community Garden. We will be running the following events over the open season - EVERYONE WELCOME!

Water Festival - June 8th - 11.00am- 4:00pm

A practical session for all the family. We will be looking at rainwater harvesting, installing eco watering devices and having waterplay fun! Hot drinks and cakes available.

Plants and People - July 6th - 11.00am- 4:00pm

An informative session for all the family where we are looking at the heritage and migration of plants and people. There will be storytelling and plant inspired artwork. Refreshments available.

**The Barracks Lane Community Garden is on Barracks Lane (off Cumberland Road),
Oxford, OX4 2AP**

To find out more, please go to our website - <http://www.barrackslanegarden.org.uk>
or email us - barrackslaneharder@yahoo.co.uk



We're also on Facebook - www.facebook.com/BarracksLaneCommunityGarden and
Instagram - www.instagram.com/barrackslanecommunity/



Looking for ideas of activities or childcare?

There is a wide variety of providers listed on the Family Services Directory! Plus loads of information on activities & events happening in our County. It's also **free** to advertise events...just register and you can add them. Have a browse and search for events happening near you! Activity providers - you can register & add your info so others can find out about them too...

www.oxfordshire.gov.uk/familyinformation

Visit www.oxfordshire.gov.uk/shortbreaks to keep up to date with short breaks and respite care services for disabled children in Oxfordshire

Short Breaks Update for Families with Disabled Children and Young People



I was inspired to set up Clear Sky Children's Charity in 2010 when I was 23 years old, following my own experience of losing my mother as a child.

Clear Sky now works with children who are struggling due to trauma such as bereavement, family breakdown, bullying, domestic abuse; the list is not exhaustive.

10% of children and young people have a clinically diagnosable mental health problem.

That's nearly 3 in every UK primary school class, yet 75% of these children are not receiving treatment. The average wait for effective treatment is 10 years (1).

Children often need to reach crisis before getting the right support.

This needs to change.

When schools are unable to provide appropriate interventions, a child is referred onwards to CAHMS (NHS) for assessment and support, but the waiting lists and delays are long.

Children face huge disadvantages if they do not receive help early on.

This is where Clear Sky can help.

Clear Sky provides early, age appropriate Play & Creative Arts Therapy to children when they need it the most.

Working in partnership with schools allows us to work closely with the support systems around the child including parents, teachers and social workers ensuring a more sustainable impact on the wellbeing of the child.

We have a 92% success rate in helping children to make positive changes in their lives through working with Clear Sky Therapists.

Our vision is to provide Play & Creative Arts Therapy resources in every primary school in the UK to create generations of happy children who love life and enjoy school!

Phone
01865 362789

Email
info@clear-sky.org.uk

Visit
www.clear-sky.org.uk



Registered Charity No: 1140441 | Company Registration No: 7273425 | www.clear-sky.org.uk

(1) The Guardian 2018, <https://bit.ly/2xEQv2F>

Short Breaks Update for Families with Disabled Children and Young People

Yellow Submarine



Social Enterprise Cafes and Training Centre

Life changing

From day one our vision has been to change the lives of young people with learning disabilities and autism. Our thriving cafes allow us to run our in-house training programmes which provide a genuine stepping-stone to employment and independence for those who complete the course.



Bridging the gap between education and employment!



Yellow Submarine Charity



@ysubcharity



Education & Skills
Funding Agency

**Abingdon
& Witney
College**

MORE ON THE NEXT PAGE



Short Breaks Update for Families with Disabled Children and Young People

Traineeship



Yellow Submarine

Our traineeship is perfect for those who are ready to think about transitioning from education to employment. Our two phase program aims to prepare the individual both personally and professionally for work in a variety of settings. All practical skills training takes place in one of our award winning cafes. The training has an individual focus with specialised support provided at all times. Our traineeship is subcontracted by Abingdon & Witney College and funding is available through the individuals EHCP (providing the criteria is met).

Phase 1

- 6 months
- 21 hours per week
- ASDAN Entry level 3 certificate in employment

Phase 2

(Exclusively available to those who have completed our Phase 1 programme)

- 12 months
- Up to 25 hours per week
- Travel training
- ASDAN Level 1 qualification in Employability
- Final 3 months focused on finding the individual suitable employment
- External work experience

Parents Feedback

"It's wonderful to see his confidence growing and his willingness to communicate with people he doesn't know is really so much more since he started at Yellow Submarine." A Carer

"Our daughter has been attending yellow Submarine for 3 years , she started on the compass course and has progressed to the traineeship . We can say without hesitation the support and encouragement she has received has far exceeded that from any other organisation . As opposed to being wrapped in cotton wool, she had been challenged and her boundaries pushed always with care and support appropriate to her needs .We could not be happier with the opportunities she has been given." A Parent.

Find out what our training program can do for your young person...

Contact Becs Lay Head of Program
Email: becs@yellowsubmarine.org.uk

Telephone:
Monday 01865236119
Tuesday-Thursday 01993357020

Short Breaks Update for Families with Disabled Children and Young People



Oxford Mencap - Summer holidays for 16 years+ and volunteering opportunity...

Every summer, Oxford Mencap run a holiday programme at Hill End in Oxford. All the holiday guests are from Oxfordshire and the holidays are about shared experiences, friendships and fun. This includes one to one care, residential accommodation and all activities. Each guest has their own volunteer working with them, helping with personal care as necessary and helping them to enjoy all the activities on offer. These activities include:- bowling, trips to theme parks, BBQ's, zoo, swimming, discos and much more. This year, they are also including a week in Wales.

The 2019 holidays are divided into five separate weeks:-

- Week 1 - Friday 19th to Saturday 26th July
- Week 2 - Top Camp - Saturday 26th July to Saturday 3rd August (a week for those who have more needs and who will have two to one support)
- Week 2 - Bottom Camp - Saturday 26th July to Saturday 3rd August
- Week 3 - Saturday 3rd to Saturday 10th August
- Wales - Friday 13th to Sunday 22nd September - this group go to a cottage in Wales

For more details, how to apply and costs involved, please contact Oxford Mencap direct to find out more - administrator@oxfordmencap.org.uk

Oxford Mencap are also looking for volunteers to enable them to run these holidays. Please contact them direct for further details and to request an application pack.



Short Breaks Update for Families with Disabled Children and Young People



**** VOLUNTEERS NEEDED ****



Tower Hill FC in Witney are looking for volunteers to coach a new youth disability team. In order to start this next season, they desperately need more helpers. They cannot do this without you!!

**** No experience is required as all necessary training and qualifications can be provided. ****

If you're interested or want to find out more, please contact:-

Harry Ash on harry.ash@oxfordshirefa.com or 07534 912206



Short Breaks Update for Families with Disabled Children and Young People



MyLiferaft helps you stay on top of all the information that comes with caring for someone – and share it with the people who need it. Through a tablet, laptop or phone, you can keep your care network up-to-date.

Keep and update all the details about health, care and well-being. Manage careplans with Goals, Actions and Reviews.

Share your MyLiferaft with the people who support you, either online or with printed reports. Forms, such as the DLA Application, can be automatically pre-populated with up-to-date information.

It is **your** information, **you** control it, **you** decide what people see and when.

Search online for **MyLiferaft** and watch **Sofia's story**



www.MyLiferaft.com

**** SPECIAL OFFER ****

One year's free Premium MyLiferaft account (normally £120) - please use the code - **OXFORD365**

Short Breaks Update for Families with Disabled Children and Young People



3 hour 'Using Makaton With Singing' Workshop in Abingdon by **Hands Aloud**

Using Makaton with Singing is a fun and easy way to learn to use signs with singing for young children. Signing and singing have been shown to encourage the development of communication and language skills and are beneficial for vocalisation, confidence, social skills, emotional development, well-being and self-esteem.

Designed for those have no prior knowledge of Makaton, Using Makaton with Singing is provided as a half-day workshop for Early Years practitioners, parents, teachers, classroom assistants, and community musicians working with young children. You will learn up to 100 signs and have fun practising them in songs adapted for different levels of ability.

The 3 hour workshop is divided into four lively practical sessions covering:

- What is Makaton,
- Tips for Signing,
- Developing skills through signing and singing,
- Using Makaton in my setting.

**£35 per
person**

The workshop is designed for those who work with early years children.

There are no prerequisites for this workshop; you do not need to have any prior experience of using Makaton and/ or singing. Alternatively, you may already be using Makaton or have an interest in signing and want the opportunity to use Makaton while singing.

You will receive a Using Makaton with Singing workshop manual which includes the signs and symbols that you have learned. You will also be given a certificate of attendance.

**Tuesday
11th June
2019**

**Venue : The Corner Suite,
Christ Church Abingdon, Northcourt
Road, Abingdon, OX14 1PL**

For more details or to book your
place please contact Libby on

12:30pm - 3:30 pm

LibbyMakatonTutor@gmail.com
www.facebook.com/HandsAloudMakaton

Short Breaks Update for Families with Disabled Children and Young People

SOUTH OXFORDSHIRE



Signing Training

Wednesday 5th June 2019 & Wednesday 10th July 2019

Both sessions to be attended

10.00am – 11.30am

Children's Therapy Services, Group Meeting Area

Speech and Language Therapy Department, Abingdon Hospital,

Marcham Road, Abingdon, OX14 1AG

This workshop is for anyone with an interest in signing, e.g. Teachers, TAs, Parents, Grandparents, Education/Healthcare workers.

The vocabulary will include a range of topics, such as everyday objects and actions, animals, food, activities specific to the nursery/school environment. There will be an opportunity to learn and practice in a fun informal way.

If you would like to attend, please contact the South Admin Team on Tel: 01865 904114 or email southchildrens.therapies@oxfordhealth.nhs.uk

There will be no charge for parents of children we are involved with and a £50 charge for professionals to include a booklet of pictures showing the signs learnt.

Short Breaks Update for Families with Disabled Children and Young People

NORTH OXFORDSHIRE



Signing Training

Wednesday, 12th June 6.30 – 8.30 pm &

Wednesday, 10th July 6.30 – 8.30 pm

**The Old Station Nursery,
Camp Road,
Upper Heyford,
Nr. Bicester, Oxon
OX25 5HD**

(both sessions to be attended)

This workshop is for anyone with an interest in signing e.g. teachers, LSAs, parents, grandparents, education/healthcare workers. The vocabulary will include a range of topics, such as everyday objects & actions, animals, food, activities specific to the nursery/school environment. There will be an opportunity to learn and practice in a fun informal way.

If you would like to attend, please contact the North area admin team with a completed application form via email:-

northchildrens.therapies@oxfordhealth.nhs.uk

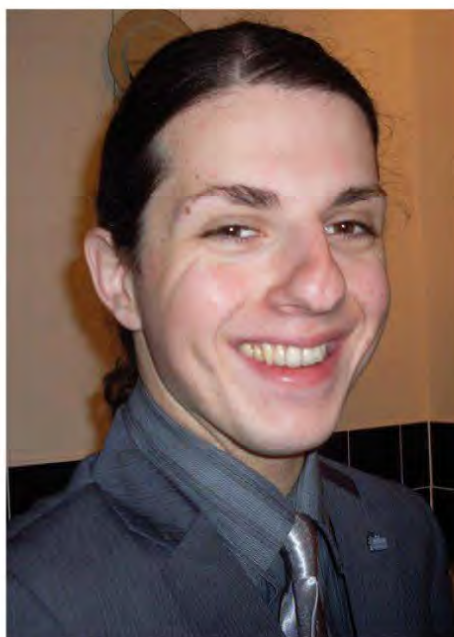
There will be no charge for parents of children we are involved with and £50 for professionals to include a booklet of pictures showing the signs learnt. Places will only be allocated on receipt of completed application form and course fee.



Thomley
A place for people of all
abilities and disabilities

Paul Isaacs

Autism Expert & Thomley Patron



Friday 21st June
**“Understanding the
mechanics of Autism”**
(Helping parents and children
understand Autism)

Join us for an informal conference with Paul Isaacs in the Thomley Pavilion, arrive any time from 5:45pm for a 6:15pm start, it is £5 per person to attend the talk.

The soft play areas will be open for those wishing to bring their children, just £3 per child to come too!
Hot dogs, cake and drinks are all available from the cafe to buy on the night.

Please share this with your contacts who may benefit from hearing Paul's fantastic talk.

Booking is essential, email us on:
bookings@thomley.org.uk
Or, call: 01844 338380

Short Breaks Update for Families with Disabled Children and Young People



Living with Autism

"I feel I have been blind and this has allowed me to start to understand"

Scott Edwards, Parent

"I have learnt more in 3 hours than I have in 20 years of training"

Sophie, Psychotherapist

A half day seminar - last 2 dates

Quaker Meeting House, 43 St Giles, Oxford OX1 3LW

This course is for family members of people of any age on the Autism Spectrum.

June	Friday 7th	10am – 2pm	Oxford Quaker House
July	Tuesday 9th	10am - 2pm	Oxford Quaker House

Refreshments provided; please bring own lunch or buy locally.

£50 + vat = £60 pp

Limited number of concessionary rates available to people on very low income or benefits:- £40 + VAT (£48pp)

BOOK NOW - www.autismoxford.org.uk/seminars

Autism Oxford UK Ltd. Registered No:09271647

Web: www.autismoxford.org.uk

Short Breaks Update for Families with Disabled Children and Young People



Working with Autism

“Seriously, one of the best CPD I’ve had in years!”

Dr Matthew Stephenson, Consultant Psychiatrist, Oxford Health NHS FT

A half day course offered on 3 dates - 10.00am – 2.00pm

Friday 14th June 2019

Friday 5th July 2019

Friday 19th July 2019

Methodist Church, Buckingham Street, Aylesbury HP20 2NQ

Introductory Offer: £60 + VAT

Refreshments provided, please bring own lunch or buy locally

Limited Spaces Available

Book on Mobile, Tablet or Desktop!

BOOK NOW - www.autismoxford.org.uk/training

This is a hugely popular course for anyone working with autistic people of any age, whether children, young people or adults. It has been presented to Oxfordshire professionals since 2011 and is always heavily oversubscribed. We are not funded to offer the course free of charge outside of Oxfordshire, but we have received numerous enquiries and are therefore aware that many other professionals would like to attend. So we are offering the same course on a pay to attend basis in Aylesbury. We look forward to meeting many new colleagues at the courses in June and July have no doubt that you will find them enjoyable and useful, as over 5,000 previous attendees have.

Autism Oxford UK Ltd. Registered No:09271647

Web: www.autismoxford.org.uk

Email: info@autismoxford.org.uk

Short Breaks Update for Families with Disabled Children and Young People



Making Sense of Sensory Needs

Wednesday 19th June - 9.30am for 10.00am start – 3.30pm

Methodist Church, Buckingham Street, Aylesbury HP20 2NQ

Professor Olga Bogdashina

PhD (Linguistics); MSc (Psychology); MA (Teaching Methods); MA Ed (Autism) et al.

World renowned author of 12 books including:-

‘Sensory perceptual Issues in Autism and Asperger Syndrome’

‘Communication Issues in Autism and Asperger Syndrome’

With

**Autism Oxford UK's Highly Acclaimed
Autistic Training Team**

Booking rates, including refreshments:-

Professionals: £75 + VAT

People with ASC & Family Members: £50 + VAT

Concession rate: £30 + VAT

Refreshments provided, please bring own lunch or buy locally

For fast, easy, secure booking: <http://www.autismoxford.org.uk>

“To help autistic individuals we should work with autism, not against it”

Short Breaks Update for Families with Disabled Children and Young People

Looking for a fresh challenge...

Oxford Half Marathon

Sunday 13th October 2019

Help us raise vital funds by joining our team!



In return for your charity place all we ask is that you raise a minimum of £250.

Email: lisahanton@thomley.org.uk

9 places left so get in quick, places allocated on a first come first served basis!

Short Breaks Update for Families with Disabled Children and Young People



Autism friendly cinema screenings for this month

On Sunday mornings throughout the month, films suitable for all audiences are screened in a sensory friendly and inclusive environment with adjustments.

These autism friendly adjustments aim to reduce over-stimulation and create a welcoming environment. They are designed to make the cinema more inclusive and accessible for people with sensory sensitivities, and others who can benefit from this environment.

- * **Cineworld** are showing *The Secret Life of Pets 2* on Sunday 2nd June at 11.00am in Didcot, Witney, High Wycombe & Milton Keynes.
- * **Showcase** are showing *Avengers: Endgame (12A)* on Sunday 10th June at 10.00am in Reading.
 - * Please note - this is a very popular film so the cinema might be busy. The film is a 12A and contains; long emotional sections, including funeral scenes; lots of fast action, explosions and busy special effects, including quiet scenes next to noisy ones; close up shots of the human body, i.e. pores; some subtitles; tackles adult themes of depression, betrayal, moving on and letting go. An autistic family we consulted thoroughly enjoyed the film but there was some fidgeting due to the long running time.
- * **Picturehouse** cinemas are showing *The LEGO Movie 2* on Sunday 16th May at 11.00am at The Phoenix in Oxford & The Regal in Henley-on-Thames.
- * **Odeon** are showing *Toy Story 4* on Sunday 23rd June at 10.15am at Oxford, Aylesbury & Milton Keynes Stadium.
- * **Vue** are showing *Peppa Pig: Festival of Fun* on Sunday 30th June at 10.15am in Bicester, Oxford, Newbury & Reading.

The Dimensions website has details of these screenings. Please go to their website:-

<https://www.dimensions-uk.org/get-involved/campaigns/autism-friendly-cinema-screenings/> should you wish to find out more.

Have you got a CEA card yet? This card enables a disabled cinema go-er (aged 8 yrs +) to receive a complimentary ticket for someone to go with them to participating cinemas. Please go to their website for more info:- <https://www.ceacard.co.uk/>



Short Breaks Update for Families with Disabled Children and Young People

Training opportunities



Recruiting Volunteers Workshops

As part of volunteering week, which runs from 1st to 7th June 2019, Oxford Community and Voluntary Action (OCVA) is offering 2 workshops on recruiting volunteers. Delivered by OCVA's Volunteer Centre Coordinator, the content will cover volunteer inductions, effective communication with volunteers, strategies for maintaining volunteer motivation and how to deal with difficult situations involving volunteers. There will be opportunities throughout the workshop for discussion and reflection on your current approach to volunteer management, as well as practical suggestions for you to implement.

Monday 3rd June 5.00pm – 7.00pm OR Wednesday 5th June 10.00am – 12.00pm. Free

Researching and Prioritising Funders

With increased demands you have less time than before to search for funders. How many of us have wasted hours searching and applying for funding with low returns? This interactive three hour session aims to reduce your funding search time and will help you to identify which funders will closely match the type of funding you need for your project(s) and organisation.

Tuesday 11th June 2019. Refreshments & networking from 9.45am with a 10.00am start; finish by 1.00pm. £40 – £70

Grow Your Organisation By Solving Problems Differently

All organisations have problems of our volunteers or service users engaging with us. The benefits of solving these problems are huge – yet often we find ourselves struggling to know where to begin. We need a way to do things differently. This workshop will introduce you to a new straightforward process for solving such problems in the most efficient, effective way possible.

Wednesday 19th June 2019. Refreshments & networking from 9.45am with a 10.00am start; finish by 1.00pm. £40 – £70

Venue:- OCVA offices, The Old Court House, Floyds Row, St Aldates, Oxford, OX1 1SS.

More information and bookings taken on the OCVA website - <https://ocva.org.uk/all-courses/>

If you have any questions about courses or can't find what you're looking for, please email:-

training@ocva.org.uk or call 01865 251946.